

20 Questions to Bond with Aging Loved Ones

Childhood Memories

- What do you remember about the place you grew up? How has it changed?
- Which invention amazed you most during your lifetime?
- What was the most unusual trend you remember?
- What was your favorite movie as a child?
- What was your first job, and what life lessons did it teach you?

Family History

- What's the story behind our family name or origin?
- What are your favorite memories of your parents or grandparents?
- What was life like when you were raising your children?
- What fun or mischief did you and your siblings get into?
- How did you meet your spouse, and what was your wedding day like?

Life Lessons

- What's the most rewarding thing about getting older?
- What's the most important life lesson you've learned?
- Who has influenced you the most in life?
- What advice would you give to younger generations?
- If you could go back to any age, which one would it be and why?

Achievements

- What was the best day of your life?
- What achievement are you most proud of?
- What brings you joy now?
- How have your dreams and goals changed over time?
- How would you like to be remembered?